

Donald Clarence a.k.a Lady D



My biggest challenge with HIV in Rustenburg is
SELF ACCEPTANCE

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DONALD CLERENCE A.K.A LADY D

Knowingly living with HIV since 2005 and on treatment since 2005

Truth is, I started being sickly in 1999 and stayed in denial about testing until 2005 when I suffered a stroke. I spent two months in hospital and had to immediately go on ARVs as my CD4 count was 11. I recovered (received a lot of counseling) and in 2007, a colleague and I started a support group. I was the first person in Boitekong (my community) to disclose my status. My family and the community accepted me.



HAVE YOUR SAY!
